

BATTLE'S OVER

WORTHAM & BURGATE'S TRIBUTE

WW1 Beacons of Light

Remembrance Ceremony

The Manor House, Wortham

from 18:15

Remembrance Sunday

11.11.1918 - 11.11.2018

See inside for details





BATTLE'S OVER

11 November 2018

Programme

From 6:15pm Assemble at **The Manor House**, Wortham on the A143. ***Rear parking at the restaurant is accessed by the Bury entrance to the layby. Further parking should be available on the green outside the school.***

- Recorded music (including Battle's O'er & Abide with Me) by A Lone Piper, **Pipe Major Derek Potter**, piper to **H.M. Queen Elizabeth II**, 2008-2012.
- **6:30pm:** Welcome address by **Stephen Rash**
Chair of Wortham & Burgate Parish Council.
- Reading of the Names of the Fallen in WW1 from the parishes of Wortham and Burgate by **Pupils of Wortham Primary School**.
- **A Tribute to the Millions** read by **Mike Breen**.
- **The Last Post** played by **Iain Sturgeon**, former State Trumpeter and member of the Band of the Life Guards. (See WOBUL article)
- **2 Minutes' Silence**.
- **The Reveille** played by **Iain Sturgeon**, Bandmaster of Diss Salvation Army Corps Band.
- Recording of the poem '**In Flanders Fields**' written by **John McCrae**, (See WOBUL) by **Sir John Gielgud**. From the 1998 album 'Lest we Forget'.
- **Beacons of Light** – The Lighting of the Beacon.
- **A Cry for Peace around the World** read by **Susan Wright**.
- **Fireworks** by courtesy of **The Manor House**.
- Recorded **Peal of Bells**, Eight Bells – Rounds and Grandsire.

*Promoted by Wortham & Burgate Parish Council
WOBUL – Wortham & Burgate Newsletter*

Your local journal
with news, past and
future events and
interesting articles

WOBUL

Wortham & Burgate Letter



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ADVANCED WARNING

There will be no WOBULs in February and March 2019 as your Editor will be taking a sabbatical. This will be the first time in my seven years producing this newsletter that there will be no issues published.

If you have material for events in January, February and March of next year, please send them to me by 28 December 2018.

IAIN STURGEON, OUR BUGLER ON REMEMBRANCE SUNDAY EVENING

Iain started playing the cornet at the early age of seven and after only one year, decided that he wanted to play in military bands when he was old enough. He joined up in 1992 and served with HM Band of the Life Guards, initially as a clarinet player and later as a bugler. He retired through ill-health in 2000.

Throughout his military musical career, he played in an enormous number of high-profile events both with the band or as a State Trumpeter. His modesty is clear from the notes he sent me, as not many people make State Trumpeter.

Here he is pictured 2nd left, at The Lord Mayor's Banquet in 1993.



He states that his Life Guards career highlights are many, but some events stand out...

- Taking part as a trumpeter in the Festival of Remembrance at The Royal Albert Hall.
- The 50-year commemorations of both VE and VJ days in London.
- Numerous Trooping the Colours on Horse Guards in front of the Queen.
- Many other major national events.
- Even a UN tour of Bosnia during the Conflict was certainly memorable with average temperatures down to around -20c.
- Not many people get the opportunity and its one he looks back on with pride.

Iain joined the Diss Salvation Army Corps in 1992 as a churchgoer.

He had attended the Wortham Methodist Chapel on Long Green but was aware of the Salvation Army through Cubs & Scouts meetings as a child, so it was natural for him to start attending when considering the musical link.

He was made Bandmaster of the Corps Band in 2008 and remains in that post to this day.

We are grateful that he has agreed to play **The Last Post and Reveille**.



EDITH CAVELL, A LOCAL HEROINE

Edith was born in 1865 in the village of Swardeston, Norfolk. She was the daughter of the Rector who served the community for 45 years. She was educated at Norwich High School for Girls and at boarding schools in Clevedon, Somerset and Peterborough, she spent a period as a governess, including for a family in Brussels, Belgium. She returned home to care for her father during a serious illness and the experience led her to become a nurse after his recovery.



At the age of 30, she became a nurse probationer at the London Hospital and then worked in hospitals in Shoreditch, Kings Cross and Manchester before being recruited to be matron of a newly established nursing school, the Berkendael Medical Institute in Ixelles, Brussels. There was no established nursing profession in Belgium at the time of Edith's appointment, and she launched the nursing journal, *L'infirmiere*. Her pioneering work led her to be considered the founder

of modern nursing education in that country.



She was in Norfolk visiting her mother when the First World War broke out in 1914. On hearing of the threat to Belgium, from the advancing German troops, she felt it was her duty to return to Brussels immediately.

By 20 August, Brussels was occupied by the Germans. The nursing school became a Red Cross hospital, treating casualties from both sides, as well as continuing to treat civilians. In September 1914, Edith was asked to help two wounded British soldiers trapped behind German lines following the Battle of Mons. She treated the men in her hospital and then arranged to have them smuggled out of Belgium into the neutral Netherlands.

She became part of a network of people who sheltered Allied soldiers and Belgians eligible for military service, arranging their escape. Over the next 11 months she helped around 200 British, French and Belgian soldiers, sheltering them in the hospital and arranging for guides to take them to the border. On 5 August 1915, she was arrested for this activity and placed in solitary confinement in St Gilles Prison in Brussels. Edith was tried at court martial on 7 October 1915, along with 34 other people involved in or connected to the network. She was found guilty and sentenced to death.

The night before her execution, she told the Reverend Stirling Gahan, the Anglican chaplain who had been allowed to see her and to give her Holy Communion, "***Patriotism is not enough. I must have no hatred or bitterness towards anyone.***" These words are inscribed on her statue in St Martin's Place in London.



Her final words to the German Lutheran prison chaplain, Paul Le Seur, were recorded as, "*Ask Father Gahan to tell my loved ones later on that my soul, as I believe, is safe, and that I am glad to die for my country.*"

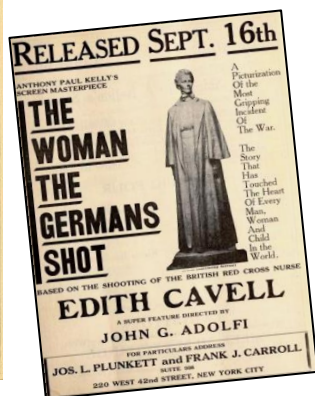
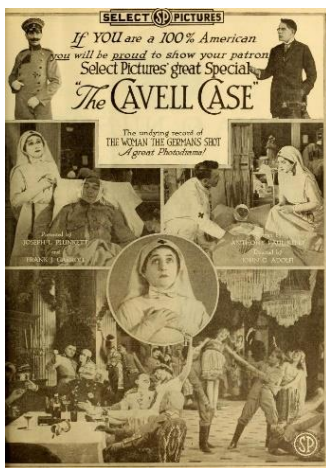
She was shot by a firing squad at the Tir National, the Brussels firing range, on 12 October 1915. Although her execution was legal under international law, it caused outrage in Britain and in many neutral countries, especially the United States. She became a symbol of the Allied cause, and her memory was invoked in recruitment posters and messages in Britain and around the world.

After the war, her body was exhumed and escorted to Britain. A memorial service was held at Westminster Abbey, and she was reburied in Norwich, laid to rest at Life's Green on the east side of the Cathedral.

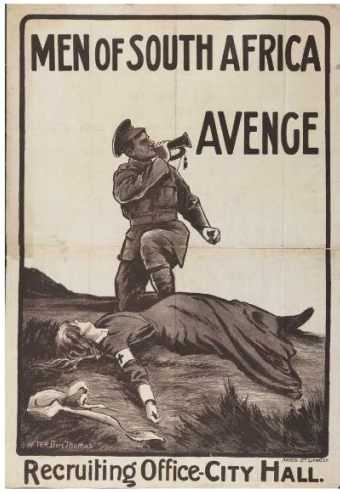
The King had to grant an exception to an Order in Council of 1854, which prevented any burials in the grounds of the cathedral, to allow the reburial.



Outrage in USA, led to films and photo presentations being produced, culminating in the 1939 movie 'Nurse Edith Cavell' starring Anna Neagle, which was released just before the outbreak of the Second World War in 1939, and which is showing at Palgrave Community Cinema on 17 November 2018.



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Edith's coffin leaving Brussels



London funeral procession



Edith's coffin entering Westminster Abbey



King George V and Queen Mary paying respects at Edith Cavell's grave



Mount Edith Cavell in Jasper National Park. Alberta. Canada

PALGRAVE COMMUNITY
CINEMA

CONTINUING THE WW1 THEME

SPECIAL DOUBLE HEADER & BUFFET

Saturday 17 November, 6:30pm

Gary Cooper, Helen Hayes

A FAREWELL TO ARMS (1932)

Interval – Cold Buffet

Anna Neagle, Edna May Oliver, George Sanders

NURSE EDITH CAVELL (1939)



Saturday 8 December
3:00 pm PADDINGTON
7:30 pm Singalong with
THE SOUND OF MUSIC



November Tickets £8 each, includes buffet

Available at Wortham Post Office & Store

Or call / leave voicemail on 0783 671 3411

Leave name and number of tickets being reserved

Visit to Ypres 10-12th September 2019

The Heritage Circle, a local history group, is organising a guided visit to see the First World War battlefields at Ypres in a coach provided by Simonds. This is open to members and non-members.

Itinerary

Day 1: Tuesday 10 September

Ferry crossing to Calais and visit to sites near Ypres.
Stay at the Novotel Ieper Centrum for two nights B&B.
Attend the Last Post at the Menin Gate.



Day 2: Wednesday 11 September

Start in Ypres and visit the Menin Gate and a variety of sites around Ypres including the Essex Farm Cemetery.

Shown below is the largest of all Commonwealth Cemeteries at Tyne Cot.

Day 3: Thursday 12 September

Free morning in Ypres with an option to visit the **In Flanders Field Museum** (entry €9) or to look around the city. Return home via a visit to Poperinge to see the death cells and execution spot of those shot at dawn.



Cost

- £298 pp for sharing a twin or double room
- £375 for a single room
- A deposit of £75 is required with final payment by mid-July
- Payment may be made by cheque to Gerry Gurhy, or by phoning or visiting Simonds for a card payment
- Travel insurance is essential either arranged personally or through Simonds at a cost of £24.75 pp

Further details are available from Gerry Gurhy 01379 890960

In Flanders Fields

World-famous WW1 poem has a local connection

When a young couple emigrated from Balmaghie, Kirkcudbrightshire to Guelph, Ontario in Canada in the early 19th Century, little could they have known that their grandson John McCrae, would have become world-famous for poetry. He trained in the military, and achieved a medical degree, at University of Toronto, graduating in 1898. He was house-officer at Toronto General Hospital and then at Johns Hopkins Hospital in Baltimore.

He served in the Boer War as a Lieutenant in the Canadian Field Artillery (CFA). On his return home in 1904, he was appointed Professor of Pathology at the University of Vermont, and later studied in London to become a member of the Royal College of Physicians. McCrae was co-author of a medical textbook, *A Text-Book of Pathology for Students of Medicine*.

On the outbreak of war in 1914, McCrae was appointed as Medical Officer and Major of the 1st Brigade CFA, and treated wounded during the Second Battle of Ypres in 1915, from a hastily dug, 8-foot by 8-foot bunker dug in the back of the dyke along the Yser Canal, about 2 miles north of Ypres.

McCrae's friend, Lt. Alexis Helmer, was killed in the battle, and his burial inspired John's poem, "In Flanders Fields", which was written on May 3, 1915 and first published in the magazine Punch on December 8 that year. Lt. Col. John McCrae died of Pneumonia on January 28, 1918, while commanding No. 3 Canadian General Hospital (McGill) at Boulogne.

Source:

Wikipedia.

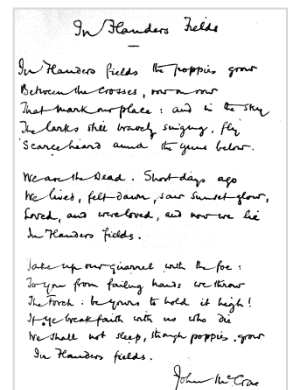
In Flanders Fields by John McCrae

In Flanders fields the poppies grow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below



We are the dead, short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



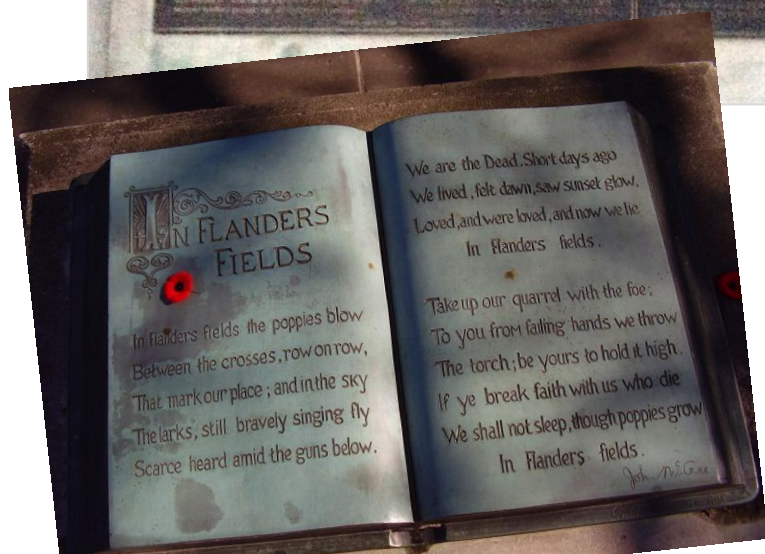
I became aware of the local connection when my friend, Roella Trudgill, formerly of Wortham and now living in Diss, learned of my interest in the coming WW1 Centenary through WOBUL, and wrote to me:

"I thought you may be interested to know that John McCrae, who wrote 'In Flanders Fields', is a distant relation to my family.

My grandmother was Ella Mary MacRae, third daughter of John and Isabella MacRae-Gilstrap of Eilean Donan Castle, Scotland, before marrying my grandfather Sir Edward Fellowes, Clerk to the House, 1954-1961.

The Castle has a monument to John on an outer wall.

This photo is of my mum at John's memorial at Essex Farm Cemetery in Ypres, Belgium."



Eilean Donan Castle is the hereditary home of Clan MacRae, and probably the most photographed castle in UK; the monument referred to is probably the Roll of Honour to the MacRae clan members who gave their lives in WW1 (above). There is an excerpt from In Flanders Fields below the list of names. The MacRae name and its various spellings comes from the original 14th Century settlers from Ireland named MacRaith.





Twinning News

Wortham and Burgate Twinning is holding an evening event at Wortham Village Hall on Friday 16th November at 7.30pm

Member Mike Bowen is presenting a **Singalong** evening with the hits of 1955 to 1963. Tickets, £10, include a glass of wine /soft drink and are on sale at Wortham Post Office and Village Store.

There will be a cash bar and raffle.

A vibrant yellow poster for a musical event. At the top, it reads 'DID YOU JIVE IN 55?' in large, bold, black letters. Below this, in blue, it says 'See UK Rock 'n' Pop start between 1955 & 1963', and in red, 'Sing to 120+ hit tunes from these stars and many more'. The central part of the poster is a grid of 20 small, framed black and white photographs of famous musicians. Each photo is labeled with the artist's name in a small, black, sans-serif font. The artists included are: Bill Haley, Marty Wilde, Helen Shapiro, Elvis Presley, Lonnie Donegan, The Beatles, Gerry & The Pacemakers, Cliff Richard, Everly Brothers, Chuck Berry, Roy Orbison, Adam Faith, Danny Williams, Sam Cooke, Billy Fury, Shirley Bassey, Buddy Holly, Eddie Cochran, Chubby Checker, and Connie Francis. In the bottom right corner of the grid, there is a blue box with a white treble clef and the text 'MUSICAL MEMORIES'. At the very bottom of the poster, in large, bold, black letters, it says 'SINGING YOUR BLUES AWAY'.

DID YOU JIVE IN 55?
See UK Rock 'n' Pop start between 1955 & 1963
Sing to 120+ hit tunes from these stars and many more

Bill Haley, Marty Wilde, Helen Shapiro, Elvis Presley, Lonnie Donegan, The Beatles, Gerry & The Pacemakers, Cliff Richard, Everly Brothers, Chuck Berry, Roy Orbison, Adam Faith, Danny Williams, Sam Cooke, Billy Fury, Shirley Bassey, Buddy Holly, Eddie Cochran, Chubby Checker, Connie Francis

SINGING YOUR BLUES AWAY

MUSICAL MEMORIES

BILL'S BIRDS

We are still realising the effects of the 'Beast from the East'. No Cetti Warbler on the Fen this year—a bird seldom seen but heard with a sudden burst of loud song from the nearby undergrowth. It has only colonised in this country in the last 30 years. What a pity that our sudden early March unusually, very cold weather should have wreaked such havoc.

However, I note a recent report from Minsmere (late September), also affected, stated that the Cetti had been heard again. Our Marsh Harriers have raised three young and the Bearded Tits are still 'pinging' though we have lost our breeding pair of Stonechats. My last Swallow this Autumn departed on 27th September, but I suspect there will be reports of later departures. House Martins also left before October.

I keep seeing recently vacated white eggshells outside our back door. I think they must be Wood Pigeons. Collar Doves have been scarce recently, but they will still breed in November and January depending on the weather.

I recently wrote about the Cattle Egret, the third egret, only three having been recorded up to 2003 seen in this county, and, now, coincidentally, there has been the appearance of one and possibly two on Spring Meadows, Botesdale. I have seen it several times over a week and it seems happy amongst the sheep. It is the same size as our Little Egret but its bill is yellow, whereas the Little Egret's is black. I note there have been several Cattle Egrets seen in East Anglia, mainly in groups of three this year. Is this an advance party? Is it here to stay?

In our garden we cannot attract birds to our 'fat balls'. Ours feel as though they are thickened with cement! Flocks of tits pass through, Long Tailed and Blue and the occasional Coal Tit. This latter bird is the smallest tit. It is a slender shy neat bird and its colouring of black and white is noticeable in the strong Autumn sun.

In Autumn and Spring, I note the reports of migrating birds that pass along our coast. Wrynecks are always mentioned. This bird is named after its ability to twist its neck (similar to owls). It is of a mottled brown colour and slightly bigger than our House Sparrow. They used to be a common Summer visitor and breeder. The last breeding report in Suffolk was 1972. In this country I have seen it occasionally in the Spring or Autumn. In the great Fall of Migrating Birds in Suffolk 1965, no fewer than 160 were grounded on the coast between Gorleston and Minsmere.



About 40 years ago a friend rang me from Redgrave to say there was a Wryneck in her garden. Of course, I 'visited' at once and saw this bird. That visit was in the 1960s and the friend was in her sixties. She told me one of the signs of Spring, when she was in her teens, was the 'peeping' song of Wrynecks. That would have been in the period 1910-1920s. My Suffolk bird book of 1932 states of the Wryneck: 'it is fairly common in the Spring'. What an interesting link with the past.

Stop Press!! A Great White Egret is back on Redgrave Fen—1st October 2018.

I have no more potential egrets on offer.



Group Hires with Borderhoppa Community Transport

Did you know that, along with our door-to-door dial a ride and outings service for members, not for profit community groups can hire our minibuses for their own outings.

Go to destinations of your choice, visit your favourite places or enjoy shopping trips with your group.

Our requirements are very simple. Your group must register with us as a not for profit organisation, cost of our annual group membership is £15, tell us what your group does and when and where you would like use of a minibus.

If you would like to make a booking or for more information please call 01379 854800, email adminborderhoppa@btconnect.com or visit our website at www.borderhoppa.org

TEA'S MADE

You are invited to a weekly meeting with a difference. There are no agendas, no objectives and nothing on sale. The event is nothing more than an opportunity to meet new neighbours or old friends over a cuppa and a piece of homemade cake in a relaxed atmosphere. We meet every week in Wortham Village Hall on Wednesdays, between 2 and 4 pm.

Some of our regulars are among the 50 or so people who live alone in the Wortham area and they look forward to a weekly outing to have a natter. We try to avoid discussions on health problems, Brexit or Donald Trump, but we don't always succeed!

And the price for this get-together over tea, coffee and cake? Anything you like. We must pay for village hall hire and refreshment supplies and they're covered by voluntary contributions.

For more information call Miriam Quinn on 01379 898864.

Or just join us on Wednesday afternoon.

No reservation is necessary.



**MID MORNING COFFEE
BREAK**



CALLING ALL LOCAL BUSINESSES

**WE ARE INVITING ALL BUSINESSES TO BE PART
OF PARK RADIO**

**WE WOULD LOVE TO HEAR FROM YOU, WE WILL
PLAY 3 SONGS OF YOUR CHOICE AND WE WILL
PLAY YOUR TUNES ON AIR DURING OUR MID
MORNING COFFEE BREAK**

**SO ALL YOU HAVE TO DO IS EITHER EMAIL US
AT studio@parkradio.co.uk**

or

call us on 01379 210000

WE LOOK FORWARD TO HEARING FROM YOU.

**CHRIS MOYSE'S SHOW
MONDAY - FRIDAY, 10:00 - 13:00**

BSEVC is a registered Charity No 1004198 – Co No 2636217

Are you missing a bus service? Can you get to your nearest large shopping centre or has your bus service stopped?

Can we help by picking you up from your house and taking you to Eye to connect with the bus services to and from Diss, or to Gislingham to connect with the buses to Stowmarket?

BSEVC Connecting Communities run fully accessible vehicles on which to book a seat you only have to phone us. We have one vehicle covering the whole of North Suffolk so therefore can suggest we may be able to help you by getting you to Eye to connect with the bus services to and from Diss and Bury St Edmunds or by taking you to Gislingham to connect with the buses to and from Stowmarket. If there is a group of you from the same area we may be able to take the vehicle all the way to Diss.

We do not take bus passes, carers and children under 5 travel free and the fares taken when travelling are: 1 to 5 miles £2.40, 6 to 9 miles £3.30, 10 to 14 miles £4.20, 15 to 20 miles £5.50

We realise the need for transport within your area and are working hard to engage volunteer drivers to drive their own vehicles to provide you with a community car service. This service should be up and running by the middle of July. The community car service is slightly more expensive than the minibus but is more flexible and will travel to and from destinations inside and outside of Mid Suffolk.

We have been running community car services from Stowmarket, Debenham, and Ipswich for several years and more recently have set up a service in Kesgrave. These services have proved very popular and are a lifeline to so many people who otherwise couldn't take trips to visit relatives and friends, enjoy the sociability of clubs, attend day centres, and for the energetic Stradbroke Leisure Centre.



The most valuable service this type of transport provides is to get passengers to hospitals, health centres, and dentists. For health appointments our drivers will wait for you for no extra charge and West Suffolk and Heath Road will not charge our drivers for parking. We also get requests to take people to parties and weddings or connect with buses and trains and even to catch planes at various airports.

The charges for the community car services are 54p per mile (45p plus VAT) charged from the driver's home to you to your destination and the return for the driver to his home if he is not required to wait for you. There is a booking fee of £1.20 (£1 plus VAT) for each single journey. Travel taken in the community cars will be invoiced to passengers the following month.

Our offices are in Stowmarket and to book any of our services please ring 01449 614271 between the hours of 09.00 and 16.00, we also have an email address bookings@bsevc.co.uk. One of our office staff Katie, Francesca, Cherie or Jan will be more than happy to help you. For groups wishing to make bookings for outings and social events we operate a much larger fully accessible minibus, a 15-seater. If you are interested in this service, please contact Fran on 01449 614271 or email francesca.callan@bsevc.co.uk

Quiz Night & Hog Roast

WORTHAM VILLAGE HALL
SATURDAY 17th NOVEMBER

Support Your Village Hall

Starts at 7.30 pm (doors open from 7.00pm)

Cost: £10 per person, with teams of 4 people

Bar & Raffle

***To book a table please contact Mike Cornish:
01379 309538 or e-mail: family.cornish@gmail.com***

Raising funds for Wortham Village Hall - Charity No.1113478

FRIENDS OF WORTHAM CHURCH

Another successful **'Spud and Spout'** evening was held at Wortham Village Hall on Friday 19th October when 53 people sat down to a light supper of baked potato with a choice of fillings.

This was followed by a fascinating illustrated talk by Robert Erskine, English sculptor, designer and broadcaster. He is passionate about his work and rightly so showing many slides of his sculptures together with information about his ideas from design to completion and sometimes including the problems of transporting such huge sculptures to their final destination.

Just under £700 was made for Wortham Church Funds.

RICKINGHALL & DISTRICT COMMUNITY BUS

Transport Needed?



Our bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits. The bus is also available for visiting friends and relatives, in fact, pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem.

Unlike other services, our community bus is cheaper, there is no membership or booking fees because everyone providing our service are volunteers - there are no paid staff. We look forward to driving you.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

THE BURGATE SINGERS

at Eye Town Hall

1 Broad Street, Eye IP23 7AF

Sunday 15th December ~ 7:30pm



BERLIOZ

L'Enfance du Christ

THE CHILDHOOD OF CHRIST

LAURENCE KILSBY ALASTAIR BAMFORD

NATASHA PAGE OSSIAN HUSKINSON

THE BURGATE SINGERS & BURGATE SINFONIA

Conducted by Alain Judd

TICKET PRICES £18:00

UNDER 18: £12

DRINKS & FOOD AFTER THE CONCERT £5

AVAILABLE AT THE DOOR OR AT WORTHAM POST OFFICE

Telephone: 01379 677333

The Flight into Egypt

NORTH HARTISMERE BENEFICE

Wortham and Burgate Sunday Club

Meet at Wortham Village Hall from 10.00am to 10.45am
on the 1st Sunday of each month during term time.

(followed by coffee and cookies, for parents/carers too!)

Dates for Autumn 2018 are:

4th November

2nd December



Stories

Games



Crafts



and lots of fun!



All children welcome, and
Parents/carers can stay if they wish.

Just turn up or ring Lyn
01379 788479 for more details

HERITAGE CIRCLE

Mike Wabe, Life and Death in a Victorian Gaol

Mike Wabe gave an animated presentation to the October meeting of the Heritage Circle at Rickinghall Village Hall about life and death in a Victorian gaol. He illustrated his talk with a range of objects used at the time and drew on his experience as a retired prison officer.

Victorian gaols were forbidding places which placed an emphasis on the punishment of offenders, rather than their reform. A sentence of greater than three years often meant death because of the poor diet, hard work and dangers posed by disease. However, certain aspects of prison life were better than in working class areas of cities. Prisoners had their own cell, with a sound roof, and they were guaranteed three meals a day. There was a separation of male and female prisoners, but children were incarcerated with adults.

On conviction, prisoners were taken to a gaol to be processed. They had to bathe in water which was cold and dirty. They were given clean, but old, clothing before being examined by the surgeon. Prisoners were told the extensive rules of the gaol. Central to these were two ideas, separation and silence. Prisoners were not allowed to associate with each other. Whenever they moved around the prison, they had to wear a face mask called a peak. Similarly, they were kept in solitary confinement and not allowed to speak at any time. Prisoners spent 23 hours a day in their cells which were furnished with a mattress, a potty and a water bucket which doubled as a stool. They were expected to keep their plate and cup shiny. They had brushes to ensure their hair was tidy, and their cell and nails were clean.

Everyone in the jail worked. Women maintained the laundry. While men undertook a variety of pointless activities of hard labour. Some walked on the treadmill where they spent 15 minutes walking upwards at a steady pace, followed by 10 minutes rest. Others turned a crank. A third group would do shot drill which entailed moving a pile of 35lb metal balls from one side of a yard to the other. The final task was oakum picking. A man had to unpick 3lbs of old rope a day into its individual strands. Unfortunately, fibres from the oakum got into the lungs of prisoners and had similar effects to asbestos.

The diet in gaols was poor. Breakfast consisted of 8oz of bread and a pint of tea. The dinner was cheap meat and vegetables, with bread and tea. Finally, the tea was 6oz of cheese and 6oz of bread with cocoa.

Punishments were harsh. Prisoners could be manacled in various ways which caused extreme discomfort. Flogging was permitted with men receiving up to 36 lashes per day. Similarly, condemned people were hanged in gaols. From 1874, a new and seemingly more humane way to hang victims was introduced by William Marwood. He replaced the 'short drop' method which slowly strangled a person with the 'long drop' which broke the neck and killed instantly. This was based on a table devised by Marwood which related height, weight and physique to the distance the victim should drop through the trap. The table was used for the next hundred years. Capital punishment continued in gaols until it was completely abolished in Britain in 1998. The last woman to be hanged was Ruth Ellis in 1955 and the last two men, Peter Allen and Gwynne Owens, were hanged in 1964.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 28 November at The Village Hall, Rickinghall. Nick Sign will give a talk entitled *The Home Front in Suffolk 1914-1918 – village life during World War 1*. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net **Gerry Gurhy**

Date	Category	Diary of Events	Tickets
18 Oct-1 Dec Box Office Hours	Exhibition in the Main Gallery	The Toy Department - Gary & Jo Hincks	FREE Unticketed
31 Oct-1 Dec Box Office Hours	Exhibition in the Upper Gallery	Drawing Soldier - Douglas Farthing	FREE Unticketed
Weds 31 Oct, 7.30pm & Thurs 1 Nov, 10.30am	Evening Film Matinee	That Good Night (12A) John Hurt's widow, Anwen Hurt, has kindly agreed to give an brief introduction before the evening screening	£5 / Under 18 £2.50
Thur 1 Nov, 7.30pm	Music	Diss Jazz Club - Kevin Fitzsimmons with the Chris Ingham Trio	£12
Fri 2 Nov, 8pm	Music	Swingrowers	Advance £10 / Door £12
Sat 3 Nov, 10.30am	Workshop	Drawing with Doug (Age 13+)	FREE
Sat 3 Nov, 2pm	Family	Saturday Club - Peter Pan (Age 6+)	£6 / Family £22 (2 Adults/2 child)
Sat 3 Nov, 7.30pm	Word	Douglas Farthing Talk and Q&A	FREE
Tues 6 Nov, 7.30pm	Word	Art of the First Wolrd War	£8 / Under 18 £5
Weds 7 Nov, 10.30am 7.30pm	Matinee Evening Film	Journey's End (12A)	£5 / Under 18 £2.50
Fri 9 Nov, 8pm	Word	Luke Wright's Stand-Up Poetry Club - featuring Elvis McGonagall & Martin Rowson	£10 / Students£6
Sat 10 Nov, 10am	Workshop	Linocut for Christmas Cards	FULLY BOOKED
Sat 10 Nov, 7.30pm	Music	Dire Streets	£16
Tues 13 Nov, 7.15pm	Screen Arts	ROH Live - La Bayadère	£13 / Uner 18 £10
Weds 14 Nov, 10.30am 7.30pm	Matinee Evening Film	The Happy Prince (15)	£5 / Under 18 £2.50
Thur 15 Nov, 10.30am	Class	Life Drawing for Beginners	£15 (Places limited)
Thur 15 Nov, 7.30pm	Theatre	Enter the Dragons (Age 14+)	£12 / Under 18 £9
Fri 16 Nov, 8pm	Comedy	Paul Sinha - Shout Out To My Ex	SOLD OUT
Sat 17 Nov, 7.30pm	Music	Elvis the Legend - On Tour	£18
Tues 20 Nov, 7pm	Screen Arts	NT Live - The Madness of George III	£12 / Under 18 £10
Fri 23 Nov, 7.30pm	Theatre	The Browning Version - Open Space	£11 / Concs £9
Sat 24 Nov, 10am	Workshop	Winter Songs Singing Workshop	£10
Sat 24 Nov, 1pm	Word	Maggi Hambling - A Suffolk Eye	FREE
Sat 24 Nov, 8pm	Music	Si Cranstoun - Twisting the Night Away	£18 / Concs £17
Weds 28 Nov, 10.30am 7.30pm	Matinee Evening Film	Edie (12A)	£5 / Under 18 £2.50
Thur 29 Nov, 7.15pm	Screen Arts	The King and I	£13 / Under 18 £10
Fri 30 Nov, 8pm	Comedy	Corn Hall Comedy Club	Advance £11 / Door £13
		For more information about any event or activity go to www.thecornhall.co.uk or ring the Corn Hall box office on 01379 652241	

Wortham Walkers for November

Mike & Joy Cornish will lead the walk on Tuesday November 6th. It will be about 3 and a half miles between the villages of Coney Weston and Barningham. We will start from the Swan Inn at Coney Weston at 10.30, where there is parking behind the pub. There will be the opportunity for coffee, drinks or lunch at the Swan after the walk if anyone fancies that.



Mike and Joy are on family.cornish@gmail.com.

THE BURGATE SINGERS FABRIC SALE

Burgate Singers will be holding one of their famous sales of quality designer fabrics on

Saturday 1st December from

11:00am – 2:00pm in

Burgate Church Hall

Tea / Coffee and cakes will be available

Beyond the Wall – Autumn leaves



This article could hardly be more autumnal. Apple Day was the last event, celebrating a bumper fruit crop, and entertaining a good crowd of visitors who helped to raise £1400 for the charity. It helped that it was such a bright day – long may they continue.



After a cold spring and a bleached summer nothing seems to want to get ready for winter



It's the day for the AGM and a review of the past year in the walled garden. It doesn't sound like a fun half hour, especially when the bright autumn sun heats the vineyard to boiling then drops below the trees to make us shiver.

Still, the news is good and portends a good year to

come, and we have the bonus of being able to hand over certificates to a group of trainees in recognition of their hard work. Richard (L) has a certificate for responsible work practice and Jimmy (R) for customer service.



Don't miss our newest event on the 9th December – an opportunity for food, music and perhaps to spot something for Christmas...



...and finally. Our thanks to Park Radio for the chance to tell people about Beyond the Wall on October 16th, and for their hospitality and kindness to a couple of amateur broadcasters.





WARTS PRESENTS



AT BOTESDALE VILLAGE HALL

With kind permission
of Samuel French

*Season's
Greetings*
A COMEDY BY ALAN AYCKBOURN

6th, 7th, 8th DECEMBER

AT 7.30pm

Doors 7pm

Licensed Bar



**TICKETS £9 (under 16's £5) FROM:
PARK RADIO-DISS, WORTHAM PO,
REDGRAVE SHOP OR TEL 01379 687580**

VILLAGE HALL DATES FOR YOUR NOVEMBER DIARY

Wortham Morning Yoga	Tuesday	06,13, 20, 27	10:00 – 11:30
Wortham Midday Yoga	Thursday	01, 08, 15, 22, 29	11:45 – 13:15
Ballroom	Monday	05, 12, 19, 26	18:30 – 20:30
Tea's Made	Wednesday	07, 14, 21, 28	14:00 – 16:30
Pilates	Wednesday	07, 14, 21, 28	09:30 – 10:30
Gentle Exercise Mornings	Thursday	01, 08, 15, 22, 29	09:30 – 10:30
Gentle Exercise Evenings	Thursday	07, 14, 21, 28	19:30 – 20:30
Good Companions	Tuesday	20	14:00 – 16:30
Good Companions Bingo	Monday	12	19:30 – 22:00
W&B Sunday Club	Sunday	04	09:45 – 11:00
Junior Tennis	Monday	12, 19	1300 – 14:00
Twinning - Did You Jive in 55	Friday	16	18:00 – 20:00
Village Hall Quiz	Saturday	17	19:00 – 22:00
Village Hall Committee	Thursday	29	19:00
Anglian Polymer Guild	Sunday	04	10:00 – 15:00
Autumn Fayre	Saturday	03	14:00 – 16:30
Private Function	Saturday	24	10:30 – 14:00
Private Function	Sunday	25	10:00 – 14:00

WOBUL is published monthly as a service of the Wortham & Burgate Community Action Programme

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