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ROAD TRAFFIC REGULATION ACT 1984: SECTION 14

TEMPORARY CLOSURE OF PART OF THE C568 MELLIS ROAD, WORTHAM

Suffolk County Council intends to make an order closing the C568 Mellis Road, Wortham from a point 275 metres south of the junction with the A143 for 35 metres south to facilitate a new water connection. Other coordinated works may also take place during this period. Access will be open for pedestrians and cyclists.

The diversion route will be Mellis road, A143, A140, Eye Road, The Street, Mellis Road, Yaxley Road, The Common, Ash Road, Mellis Road and vice versa.

It is intended that the closure will operate from **07/11/2016 - 11/11/2016** but if necessary the order may remain in force for 18 months (or longer if extended by the Minister).

Enquiries should be made to Colin
Tel: (01379) 676462. Email:



Cromar of TMO Highways Limited.
colin.cromar@tmohighways.co.uk

Date: 27/10/2016

TIMOTHY EARL, Head of Legal Services, Suffolk County Council,
Constantine House, 5 Constantine Road, Ipswich, IP1 2DH



ANGLIAN POLYMER CLAY GUILD

is holding a

COME AND TRY IT DAY

and

SALE OF OUR CRAFT WORK

Wortham Village Hall

SUNDAY 6TH NOVEMBER

from 11.00am until 3.00pm

*Whether or not you have worked with polymer clay before,
come along and bring your friends and family
for a creative and enjoyable hour or two.*

Come and see us working, and perhaps buy a unique piece.

*Jewellery, miniatures, fantasy creatures and lots more for
sale!*

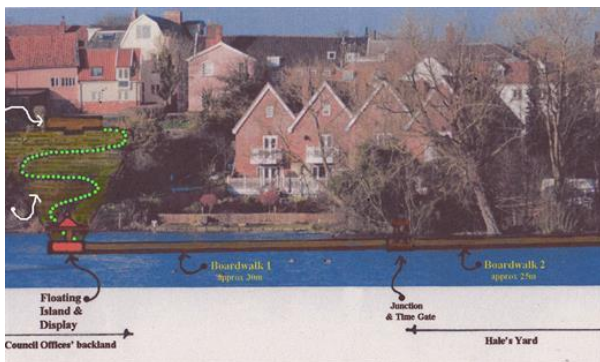
Great ideas for original Christmas presents!

Entry free

**Visit our website: anglianpcg.co.uk
or email: apcg@live.co.uk**



We need your help! Please VOTE for Diss Community Wildlife Garden in the Aviva Community Fund competition.



The gardens behind Diss Town Council will be a place to appreciate the stunning views across the Mere and into Suffolk. Landscaped with native plants and designed to attract wildlife, created and maintained by local groups it will be a space for all ages.

Follow this link and register to vote. Once you register you are given 10 votes to use. You can simply use all 10 for the Wildlife Garden or search for other projects in the area and spread your support.

<https://community-fund.aviva.co.uk/vot.../project/view/16-1825>

We have from the 21st October until the 18th November so please do vote, tweet, share on Facebook and tell all your friends, family and neighbours to do the same. You don't need to live in Diss to take part!

Jess Wythe, Diss Corn Hall

Friends of Wortham Church

Father Christmas visiting Wortham Village Hall Sunday 18th December at 5 pm. Father Christmas will arrive on his sleigh to tell stories and give out presents. £1 per child with an accompanying adult. Light refreshments will be available.

Dinner and Speaker Saturday 11th February at Wortham Village Hall. Tickets £25. Our after-dinner speaker will be Mike Wabe talking about 'Foul Murders of East Anglia!'

Willow Weaving Course Wortham Village Hall, Friday 17 March. Cost £50 covers a light lunch and the materials to make a deer.

Barn Dance Saturday 1st July The Rookery, Wortham.

Tickets for the above events will be available from the village shop or for more details phone Maureen Ling on 0778 845 5688.

Christmas raffle tickets are on sale now from committee members and the shop. First prize is an hour long Hot Air Balloon flight for two, with champagne worth £308. Other prizes are two Christmas Hampers and six bottles of wine. This will be drawn on 11th December.

For details of fundraising events please check the website friendsofworthamchurch.weebly.com

Quiz Night

WORTHAM VILLAGE HALL

SATURDAY 19th NOVEMBER

Starts at 7.30 pm (doors open from 7.00pm)

Cost: £20 per team of 4 people

Bar & Raffle

*To reserve your table please contact Mike Cornish:
01379 309538 or e-mail: family.cornish@gmail.com*

Raising funds for Wortham Village Hall - Charity No.1113478

PALGRAVE COMMUNITY
CINEMA

SATURDAY 12 NOVEMBER, 7:30 pm

FLORENCE FOSTER JENKINS

Fri Dec 02, 7:30pm
Sat Dec 04, 7:00pm
January 2017
February
Coming later

LOVE AND FRIENDSHIP
DINNER & FILM – MAMMA MIA – singalong **SOLD OUT**
Our Kind of Traitor & Absolutely Fabulous
Bridget Jones' Baby & Star Wars – The Force Awakens
Café Society, The Magnificent Seven, The Girl on a Train

www.palgravecinema.co.uk

Book in advance online, where trailers can be seen and reviews read.

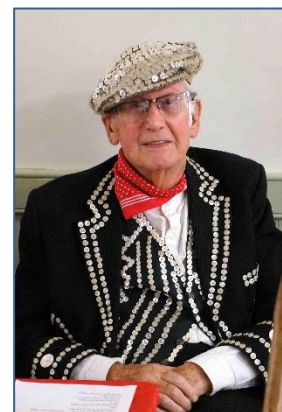
TICKETS £5 each

SHEILA RUSH REPORTS

Cycle Ride. Suffolk Historic Churches Trust sponsored cycle ride took place on Saturday 10 September. The PCC would like to thank John Scott and David Ling who cycled for St Mary's Church Wortham raising £126.50 between them, half of which will come back to St Mary's. 25 cyclists visited the church and many thanks to everyone that manned it.

Old Time Music Hall. The Wortham and Burgate Twinning Association presented The Glory of Old Time Music Hall on Friday 30 September in a well-decorated Wortham Village Hall. Master of Ceremonies, Nick Beasley welcomed 50 people to the evening many of whom were in lovely costumes. (See photos on following page)

Special guest, 97-years-old Dave Cooper, a new Burgate resident, was there with his family. Widower Dave is an East End Pearly King, and came dressed accordingly. He was a WW2 gunnery sergeant at Dover Castle, and recalls that the long guns 'roared' and the smaller artillery 'cracked.' Whichever noise, or all of them, left him deaf in one ear. He and his family are welcome newcomers.



There was a wide variety of entertainment including songs by the Wortham Warblers, sketches and songs by WARTS, barrel organ music by Johnny Ling, monologues by Mike Breen, Alan Cowham and Richard Telford, and clog dancing by the Old School Cloggers. Lovely refreshments were served in the interval and the second half continued with more songs and dancing, concluding with a raffle.

Harvest Festival. St Mary's Church Wortham celebrated its Harvest Festival on Sunday October 2. The service was taken by Reader Graham Reardon. He thanked the ladies of the church for the wonderful flower arrangements. The reading was given by Elizabeth Clark and Prayers of Intercession by Lyn Pelham Burn. A collection was taken by Elizabeth Clark and Janette Higgs. After the service, a Bring and Share lunch was held at the back of the church where the Tools with a Mission were also on display.

Quiz Night. Wortham Village Hall will be holding its very popular Quiz Night on Saturday 19 November from 7pm for a 7:30 pm start. Cost of a 4-person team is £20. There will also be a cash bar and a raffle. To reserve your table please contact Mike Cornish on 01379 309538.

Autumn Bazaar. St Mary's Church Wortham is holding its Autumn Fair on Saturday 5 November in the Village Hall from 2:00 – 4:00 pm. All of the usual stalls will be there: books, comics, bric-a-brac, bottles, cakes, preserves, tombola and raffle. Most important will be the tea and cake. If there is anything you would like to donate, please contact Cathy Hume on 01379 650321.

School Christmas Bazaar. Wortham Primary School is having its Christmas Fayre at 3:30 pm on Friday 25 November in the school. Many of the usual stalls will be present with Tea/Coffee and mince pies, Guess the Weight of the Cake and a raffle. Father Christmas has promised to visit at 4:30pm. Everybody is welcome.

Shoe boxes. A lovely Benefice of North Hartismere Worship Service and Blessing of the Samaritans Shoe Box Christmas Child was held on Sunday 23 October at St Mary's Church Wortham. The service was taken by Reader Graham Reardon and the organist was Peter Cresswell. The reading was by Elizabeth Clark.

Shoe boxes were taken to the front of the church where they were blessed and then there was a Samaritans Purse film clip. Which showed how happy the children were to receive the show boxes of gifts. Prayers were then said by Cathy Hume and the service ended with the blessing. Coffee was served afterwards.

Emma's Jumble Sale. Crowds of people were queueing at Wortham Village Hall on Saturday October 22 for Emma's 12th annual sale held to raise funds for her Charity to support young and disadvantaged people in Uganda. Emma Poppenborg (nee Thornton) established **Wagobera** following a 4-month trip to rural Uganda 12 years ago to support Wagobera Christopher who finished at the top of his class, but was unable to go to secondary school because his family could not afford the fees. Emma and her family would like to thank all her helpers and supporters of the event over the years. £1000.15 was made at this year's sale.

ATTENTION

RURAL COMMERCIAL PREMISES ACROSS THE DISTRICT ARE BEING TARGETED BY CRIMINALS OVERNIGHT

Please remain vigilant and report any suspicious activity immediately to Suffolk Constabulary on **101** or **999** in an emergency.

For crime prevention advice contact Stowmarket SNT.



Report any suspicious activity by
calling the police on **101**
Always dial **999** in an emergency

DISS CORNHALL ARTS



FILM Wednesday 2 November 7.30pm • Sweet Bean (PG) • Diss High School • £5 / Under 18s £2.50

WORKSHOP Friday 4 November 10am-4pm
Crocheting Christmas Baubles - with Diss Crochet Bee
DesignerMakers21 • £35 incl materials



FAMILY Saturday 5 November 9.45-10.45am or 11.15 am-12.15pm
Saturday Club • Imps Fabulous Fireworks Make & Play Special
Roydon Village Hall IP22 5RB • £5 per child (2-8 years old)

THEATRE Saturday 12 November 7.30pm
A Doll's House • Open Space Theatre • Roydon Village Hall IP22 5RB • £10 / Concessions £8.50

FILM Wednesday 16 November 7.30pm • Dheepan (15) • Diss High School • £5 / Under 18s £2.50

MUSIC Thursday 17 November 8pm
Diss Jazz Club • Embraceable Ella – Joanna Eden with the Chris Ingham Trio
Park Hotel, Diss IP22 4LE • £12

THEATRE Saturday 19 November 7.30pm
The Little Bit the Boys Admire - The Marie Lloyd Story • Broad Horizons Theatre
Brockdish Village Hall IP21 4JY • £10 / Concessions £9

THEATRE Saturday 22 November 7.30pm
Nine Lives • West Yorkshire Playhouse and house
Upstairs Drama Studio, Diss High School IP22 4DH • £8

WORKSHOP Wednesday 23 November 10am-12.30pm
Christmas Wreath Making - with Gabriel's Garden • DesignerMakers21 • £45 incl materials

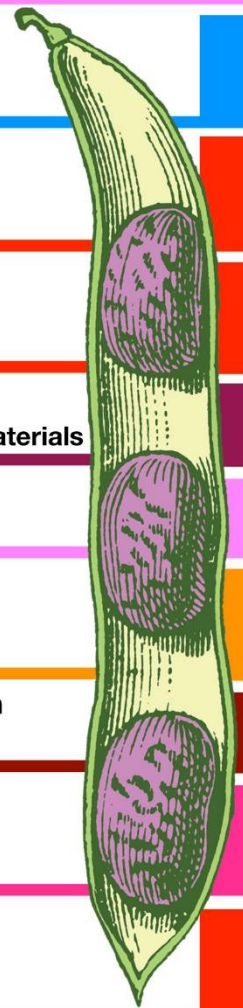
FILM Wednesday 23 November 7.30pm • Absolutely Fabulous (15)
Diss High School • £5 / Under 18s £2.50

COMEDY Friday 25 November 8pm
Comedy Club • Dave Johns • Tania Edwards • Chris Kent – Compère
Diss Rugby Club, Roydon IP22 5RG • Advance £10 / Door £12 Min age 18

WORD Friday 2 December 8pm • Stand-up Poetry Club – featuring Hollie McNish
Upstairs, Scole Inn IP21 4DR • £10 / Students £6

FAMILY Saturday 10 December 2pm
Saturday Club • Jack and the Beans Talk • Garlic Theatre
Palgrave Community Centre IP22 1AP • £6 / Children £4

THEATRE Saturday 10 December 7.30pm
The Twelve Days of Christmas • Distraction Theatre Company
Garboldisham Village Hall IP22 2SE • £12 / Children £9 / Family £30



BOX OFFICE 01379 652241 Mon-Fri 10am-4pm Sat 10am-2pm

The Old Stables, beside The Corn Hall, St Nicholas Street, Diss IP22 4LB www.disscornhall.co.uk



HOWARD NURSERIES LTD

WORTHAM DISS NORFOLK IP22 1PX

Tel: 01379 898529

Email: sales@howardnurseries.co.uk

Accounts Coordinator Vacancy

A full or part time vacancy is available at Howard Nurseries Ltd. Must have experience of reconciling month end and year end accounts ideally on Sage 50.

A varied role for an adaptable, flexible and friendly person to join our family run business.

To apply, please post or email your CV and covering letter to Christine Howard.

20 October 2016



NORTH HARTISMERE BENEFICE
**Wortham and Burgate
Sunday Club**

**A New Sunday Club for
Wortham and Burgate starting
Sunday 8th January 2017
at 10.00am
in Wortham Village Hall
followed at 10.45am by
Coffee & Cookies**



Stories



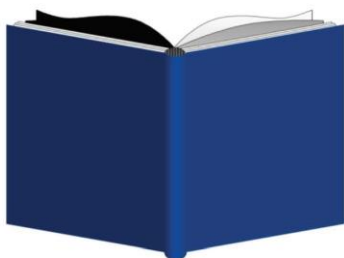
Games



Crafts



Singing



**If you would like to know
more, please contact
Lyn on 788479**



BILL'S BIRDS

Owing to various mishaps it has not been possible to give an account of our local birds and as we have been staying in Woodbridge there are a few interesting points to let you know about bird life in that area.

To start with: where we are staying, the garden has its resident robin (who hasn't), and at night, a Tawny Owl who 'hoots' me to sleep.

Earlier this year a pair of Blue Tits used a nesting box and it was interesting to see in the last week of September a group of Blue Tits flying in and out of the same box. Could the parent birds have brought the family back to see where they had been brought up? I have not seen in the literature anything about parent birds coming back late in the season to visit their nesting box. Perhaps they were showing their children around and warning them not to use the box next year as it has already been booked!

One morning I heard a Wood Pigeon call. I am certain that its song was different, only to a small degree, to that of Wood Pigeons in Rickingham. I realise that much work has been done on the very slight variation in bird song in the same species in different parts of the country.

The best habitat for watching bird life at Woodbridge is from the banks of the River Deben, particularly at low tide when the mud is exposed.

Curlews were calling; how lovely to hear that lonely wild voice again. A Black Swan was swimming on the river. It is bigger than our Mute Swan with a longer, thinner neck, and a distinctive red beak. Apparently, there had been two more earlier in the month. Obviously, escapees.

What appeared at first sight to be a Swallow flew past me, but as it came nearer it was a bigger bird, and as it turned the corner opposite the white mill, it produced a flash of blue from the rising sun. A Kingfisher.

In the distance three skeins of Brent Geese flew over at intervals. This is the time of the year when one sees them flying low over the sea skimming the tops of the breaking waves, and then coming inland alongside our rivers.

On the second occasion when visiting the harbour there was the now common appearance of four Little Egrets; several small waders were also present, notably Dunlin, Lapwing and Redshank.

In a previous report, I mentioned a Starling's song having incorporating an imitation of a telephone bell. In Woodbridge, our host family had heard their Starling imitating the sound of an ambulance. Well known to them as paramedics!

When I was last in Botesdale somebody said to me that they were certain that they had seen four Red Kites flying together low over our villages. They were certain they were not Buzzards. This was a very interesting event.

However, I would be grateful if someone could contact me to verify that such a flypast had taken place.



Botesdale Open House

Drop-in morning



Do you have a life-shortening illness of any kind?

Are you caring for someone who has received bad news about their condition?

Are you struggling with bereavement?

Would you like to meet others facing similar challenges?

If so, please feel welcome to come and join us for the opportunity to share experiences with others or just some quiet space.

Open House is held on the **first Thursday of every month** between **10am-12pm** at **Botesdale Health Centre**. There is no need to book a place, just drop in, and you can bring a friend or family member too. **We look forward to seeing you.**

because you matter

St Nicholas Hospice Care

A Registered Charity No. 287773

Botesdale Health Centre, Back Hills, Botesdale, Diss, IP22 1DW

For more information and future dates please call 01284 702525 or email: dayhospice@stnh.org.uk



Your money. Your choice.

If you're over 50 call **0800 138 8292** to book a phone or face-to-face appointment with a guidance specialist



citizens advice

SEEN HERE IN ITS NATURAL ENVIRONMENT THE LESSER SPOTTED PUMPING STATION

If you have a private pumping station at the bottom of your garden or in your street we need to know about it. You are currently responsible if anything goes wrong but the good news is that from October 2016 we will take responsibility for many private pumping stations in our region. This will include the cost to maintain and run them, but we have to find them first. If you're not sure what you're looking for our handy spotter's guide can help.

So if you have one get in touch today:

03457 145 145

Or email us at:

privatepumpingstations@anglianwater.co.uk
spotapumpingstation.co.uk



love every drop.
anglianwater

Geoffrey Robinson, Place Names of High Suffolk

Geoffrey Robinson gave a fascinating talk to the October meeting of the Heritage Circle at Rickinghall Village Hall about place names in High Suffolk. He provided a concise summary of a subject that he described as 'wide ranging and complicated.'

He explained that there has been a slight Roman influence on place names in this area. For example, Colchester derives its name from the Latin words 'colonia' and 'castra' which meant the colony fortress, although it was known as Camulodunum during the Roman occupation. However, many place names in Suffolk come from the Angles, Saxons and Jutes who settled in this area from the sixth century AD. It is possible to identify the origin of names by analysing their component parts. Of the 500 parishes in Suffolk, 101 end in the suffix 'ham' which meant homestead or village. Examples include Syleham and Debenham. Leiston and Middleton are among the 100 parishes that have the suffix of 'ton' which was a farmstead. 'Field' implies land cleared of woodland. There are 34 villages with this suffix in the county, such as Laxfield and Bedfield. 'Ford,' as in Yoxford or Marlesford, would have been at river crossings whereas 'worth' indicates an enclosure. Finally, the suffix 'hall' tends to mean hollow or bend in a river.

Anglo-Saxon suffixes were often combined with other words which may suggest the origins of a community. It is common to find 'ing' as part of a place name. It meant 'people or followers of.' Consequently, Rickinghall may have been the hollow settled by the followers of Rika. Similarly, Fressingfield may have been the open land of the followers of Frisa.

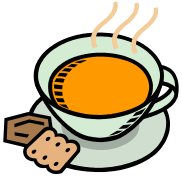
A major source for place names is the Domesday Book of 1086 which was a survey of all of the towns and villages of England conducted by the Normans. This combined with the Anglo-Saxon Chronicle and town charters shows how place names have evolved over time. At about 1000AD Rickinghall was spelt as 'Rikinghale' but it was Rikingahala by 1086. Fressingfield was recorded Fessefelda in 1086 but had become Frisingefeld in 1185.

The origins of some place names are less obvious. For example, Lound is derived from an Old Norse word, 'lundr,' meaning wood. Snape comes from an Old Scandinavian word 'snap' which meant poor or boggy ground. In addition, some place names are easily misinterpreted as its spelling has changed over time. Woolpit was written as 'Wifpita' in 1086 which was a pit for trapping wolves. Similarly, Herringfleet has nothing to do with fishing because in 1086 it was 'Helingaflet' which meant the creek or stream of Herela's people.

A variety of further factors has influenced the names of places. 'Plough' or 'meadow' suggest how land was used in the past either as arable or pastoral fields. A 'pightle' was a small field. 'Close' indicates a fenced or hedged area. A 'drift' was where cattle were driven from a farm.

Geoffrey Robinson concluded his presentation with a plea to try to link the place names of future developments locally to their history. For example, a development in Worlingworth has been called Jessop's Close after an 18th century tower captain of the bell ringers who lived by the new houses.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 23 November at The Village Hall, Rickinghall. Pip Wright will be talking about the Whistlecraft family of Rickinghall. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.



Don't forget – **the kettle's on** every Tuesday at the Church Hall in Burgate. Come along and enjoy a hot drink and homemade cakes, meet your neighbours, catch up with old friends, bring children. 10.00 am until 12 noon. Look for the 'A' board by the side of the road.

Friends of Burgate Church Jumble Sale

This was held in the Church Hall on Saturday 8th October and made a profit of just over £300. Many thanks to all who helped, particularly Mary and Bonny.



Burgate Church Christmas Fair

Saturday 26th November

at 2.00 pm in the Church

*Craft Stalls ★ Bulbs ★ Xmas Tombola ★ Games
Cakes and Savouries ★ Mulled Wine & Mince Pies*

Come and buy those little presents you can't find anywhere else!



Church Flowers

5th November - Jennie Labdon
12th November - Shudy Walker
19th November - Shudy Walker
26th November - Shirley Sturgeon

Hall Cleaning

Fee Robertson

Church Hall Booking Secretary: Judi Tann: 01379 783302

The Burgate Singers

FABRIC SALE

Saturday 12 November

10:30 am – 2:00 pm

BURGATE CHURCH HALL

Ends of roll remnants of high quality furnishing fabrics.

The early bird gets the best bargains!

Light refreshments on sale

Twinning News

Around 45 guests enjoyed the Old-Time Music Hall Evening held by Wortham and Burgate Twinning on 30th September. There were performances by The Wortham Warblers, WARTS and The Old School Cloggers. Individual monologues were performed by Mike Breen, Alan Cowham and Richard Telford. Chrissy Odhams of WARTS sung some solos and guests were also entertained by music from three of Johnny Ling's barrel organs. Nick Beasley was the Master of Ceremonies.



There was of course a chance to sing along to the music and many guests as well as the performers dressed in period costume. There was a finger buffet organised and served by Committee members. The raffle was won by Judith Phillip with Katherine Smith winning the second prize.

Both guests and performers thoroughly enjoyed the evening and just short of £300 was raised for Twinning Funds.

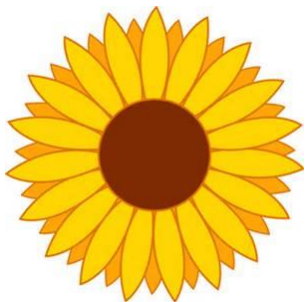
Dates for the diary: Some members will be visiting Hédé in December to sell goods at the Christmas Market on the first weekend in December. Produce sold includes marmalade, chutney, lemon curd and mincemeat (but not jams). Any members wishing to donate items – (different marmalades sold very well last year) – please let Chris Grocott or one of the committee members know and we will provide the right sized jars. Produce and any items of typical British produce for a hamper to be raffled should be donated by Wednesday 30th November.

More photos on the next page...



MEDITATION

devote a little time to be with yourself with simple, easy-to-follow meditation techniques



"one conscious breath -
in and out - is a meditation"
(Eckhart Tolle)

Wortham Village Hall

Thursdays 3pm-4pm (starting 6 October 2016)

cost: £7 per session

Information: Jackie, 01379 650513 jackiecornish@live.com

Garden notes by Linda Simpson

Although there is a feel of autumn in the garden it still looks like winter is a long way away. We had our first frost of the season on 23rd October when temperatures fell to just above freezing. It was only briefly so it was not really a visible frost.

The leaves are beginning to turn colour but many are falling off without turning, suffering from a lack of rain. Although we have now had some showers amounting to half an inch over a week the ground is still very dry and as I work on the borders I am finding the ground underneath the top quarter of an inch as dry as dust.

I have continued to water the containers to keep them going but usually I would hope at this time of year not to have to bother. In particular, I am making sure my camellia is kept moist since I understand that it is lack of water at the bud forming stage that leads to the buds dropping before flowering in the spring. Since my camellia looks as though it has a lot of flower buds on it I am keen to make sure they reach their full potential next year.

I suppose it is the lot of gardeners to be constantly thinking ahead and that is certainly true when it comes to bulb planting time. As I mentioned earlier in the year, I make a note in the spring where I have gaps in my bulb planting schemes so that I can try and plant bulbs in the autumn to fill the gap. However, where this planning can fall down is that in the autumn, when the perennials that were not visible in the spring are in full flood, it looks as though there would be no room for bulbs close up to them. It's at this point I have to have some faith in myself and my earlier thinking and go ahead and plant the bulbs where I had intended even as though this looks as though it could not possibly be right. Spring will reveal if I was right.

In the meantime, it's also the time of year to make the most of the wonderful tones and colours that the season brings. It's always worth remembering that russets and browns are colours too and with low light on sunny days everything seems to take on a gentle glow. Contrasted with the still zingy dahlias and asters there is every bit as much colour, albeit with subtler contrasts, as we have in high summer.

We have also been making a point of enjoying the robin's sweet song as it marks its territory and the churring of the thrushes and redwings as they start to feast on the berries in the garden. Less welcome the mole/s that has/have been creating the most enormous heaps in the garden. We try to tolerate these not always welcome visitors but when they not only undermine all the borders but also create heaps and hollows in the grassy areas we start to think about trapping them. We are not sure if it is just one very active mole we have or a number but we are hoping they will move out into the field next to us before we have to take action. They have been warned!



is

News from the Wortham Garden Lovers Group

A plant swap afternoon was held at the beginning of October, hosted by Jean Grocott. Members of the group brought along any spare plants they had and there was a very wide variety for us to help ourselves from. Rather than throw excess plants onto the compost fellow members were able to benefit, and we were all very pleased to be able to find some treasures to take back to our own gardens. Gardeners are known to be a generous lot and this enjoyable afternoon proved the case.

Jean provided refreshments and we were all also able to have a look round her garden which was still looking very colourful in the October sunshine.

Anyone interested in joining the Garden Lovers Group please contact Linda on lindaruth11@gmail.com.



Suffolk's Year of Walking Update



Autumn 2016

Suffolk's Year of Walking is a campaign celebrating walking in Suffolk. It provides a platform to promote walking events and activities, as well as provide inspiration and opportunities to encourage people to walk more often.

After a long, warm summer of walking events including Pigs Gone Wild, Nordic Walking and Suffolk's Walking Festival, it is now time to dust off your woolly coats to step into the autumn walking season.

September saw the launch of Beat the Street in Sudbury and Great Cornard. Beat the Street is a fun competition that encourages participants to walk and run as far as possible in a journey around the world. Between 21 September and 2 November, special 'Beat Boxes' have been placed on lampposts across both areas.

Over 4,000 people have taken part so far, travelling a combined 35,000 miles. That's nearly one and a half times around the world! For more information, visit the Beat the Street website here.

September also saw the end of the very successful Pigs Gone Wild art trail, which raised over £200,000.00 for St Elizabeth Hospice. Suffolk's Year of Walking Pig, A Pigs Year of It, was auctioned for an impressive £3,000.00.

October sees the launch of the 'Safe and Seen in Suffolk' reflector campaign. Over 5,000 reflectors will be distributed to Suffolk schoolchildren, aiming to improve road safety for when travelling to and from school. The campaign will launch on the 21st October with coverage from BBC Radio Suffolk's Mark Murphy show.

Suffolk FA are partnering with Suffolk County Council to support the further development of Walking Football within the county. The two have launched a small grants scheme to provide financial support for organisations wishing to establish new, or grow existing, Walking Football opportunities in Suffolk. Organisations will be able to fund items such as venue hire, equipment and coaches' fees through the scheme.

If you would like more information on applying for the funding that is available, please contact Michael Cornall at Michael.Cornall@suffolkfa.com or by calling 07432 735985.

Stepping out in Suffolk offer a wide range of free Health Walks for everyone and there's no need to book. With over 200 walks available every month and one for every ability, there is bound to be one that takes your fancy. For a comprehensive list of the walks on offer, visit the One Life Suffolk website here.

Don't forget to follow us on social media or visit our website for a comprehensive list of walks and walking events in Suffolk: Twitter - @SuffolkYOW

Facebook - www.facebook.com/SuffolkYOW Website - www.suffolkyearofwalking.co.uk

We hope you will want to be involved in Suffolk's Year of Walking and benefit from the increased profile it will bring to walking in Suffolk. If you have any walking events you would like to promote through the Year of Walking, or require any more information, please contact the team on 01473 260079 or at SuffolkYoW@suffolk.gov.uk

Come along for the stride!

VILLAGE HALL DATES FOR YOUR NOVEMBER DIARY

Wortham Morning Yoga	Village Hall	Tuesday	01, 08, 15, 22, 29	10:00 – 11:30
Wortham Morning Yoga	Village Hall	Thursday	03, 10, 17, 24	11:45 – 13:15
Ballroom	Village Hall	Monday	07, 21, 28	18:30 – 21:00
Sewing Class	Village Hall	Monday	14, 28	09:30 – 14:30
Pilates	Village Hall	Wednesday	02, 09, 16, 23, 30	09:30 – 10:30
Tea's Made	Village Hall	Wednesday	02, 09, 16, 23, 30	14:00 – 16:30
School of Dance	Village Hall	Wednesday	02, 09, 16, 23, 30	18:15 – 19:15
Gentle Exercise	Village Hall	Wednesday	02, 09, 16, 23, 30	19:45 – 20:45
Gentle Exercise	Village Hall	Thursday	03, 10, 17, 24	15:00 – 16:00
Meditation	Village Hall	Tuesday	03, 10, 17, 24	15:00 – 16:00
Good Companions	Village Hall	Tuesday	08	14:00 – 16:30
Good Companions	Village Hall	Monday	14	18:30 – 21:00
PCC Autumn Fayre	Village Hall	Saturday	05	14:00 – 16:
Anglian Polymer Guild	Village Hall	Sunday	06	10:00 – 15:00
Village Hall Committee Meeting	Village Hall	Thursday	10	19:00
Village Hall Quiz Night	Village Hall	Saturday	19	19:00 – 22:30

WOBUL is published monthly as a service of the Wortham & Burgate Community Action Programme

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The Editor thanks all contributors for their timely submissions and states that the views stated herein are his or those of the article contributor and not of the W&B Community Action Programme.